



NUTRITIONAL SCREENING/MONITORING PROTOCOL

GUIDING PRINCIPLE

We are committed to a culture of recovery throughout our systems of care, in our interactions with one another, and with those persons and families who trust us with their care.

OVERVIEW

There is an initial screening of each consumer's nutritional status by a nurse within twenty-four (24) hours of the consumer's admission to an Inpatient Unit (IU) to determine if there is potential for nutritional risk and to determine the level of need for nutritional care and monitoring.

STANDARDS OF CARE

The Department of Mental Health and Substance Abuse shall provide the basic care needs of consumers including nourishing meals according to the consumer's individual needs.

PROTOCOL

Nurse Responsibilities:

- Within twenty-four (24) hours of admission, or sooner, as need, the nurse must complete the Nutritional Screening form and identify if there is potential for nutritional risk based on various nutritional risk factors.
- The nurse must also document any special dietary requirements/restrictions, the consumer reports.
- If the nurse identifies a nutritional risk (checks "yes" to any of the assessments questions) the nurse must complete and send an internal referral to the Dietitian by the next working day with a copy of the nutritional screening form attached.
- Upon creation of a nutritional plan/recommendations, the dietitian shall share the plan/recommendations with the IU staff and the staff shall document the effectiveness of the plan/recommendations and revise the plan/recommendations with the dietitian as necessary based on the results of daily assessments.

Dietitians Responsibilities:

- The dietitian shall have a nutritional consultation with the consumer.
- The dietitian shall create a nutritional plan/recommendations based on the consultation and consumer's preferences and shall provide education to the consumer and/or family/caregiver about his/her nutritional plan/recommendations.
 - The dietitian shall ensure that the consumer accepts the plan and is willing to follow it.

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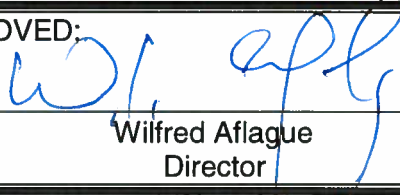
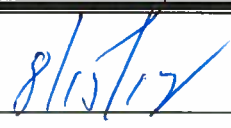
- The nutritional plan/recommendations shall be shared with the IU staff and other individuals involved in the care of the consumer.
- Nutritional monitoring is a collaborative process involving information obtained from providers involved in the care of the consumer.

Other Referrals:

- A physician, psychiatrist, nurse, or another DMHSA provider involved in the care of the consumer may make a referral, at anytime, for a nutritional consultation by the dietitian.

FORMS

- Nutritional Screening Form

APPROVED:		Date: 
	_____ Wilfred Aflague Director	_____