



GUAM BEHAVIORAL HEALTH & WELLNESS CENTER

790 Gov. Carlos G. Camacho Rd.
Tamuning, Guam 96913
Phone: 671.647-5330 Fax: 671.647.5402

PROGRAM PLAN DESCRIPTION PREVENTION AND TRAINING BRANCH/PEACE OFFICE

Utilizing the Strategic Prevention Framework Process and guided by the Prevention Education and Community Empowerment (PEACE) Council, the Prevention and Training Branch (also known as the PEACE Office) staff provides technical assistance, training, and resources to community-based organizations, program managers, policy makers and community coalitions (village, faith, and school-based) in the public and private sectors, in an effort to strengthen their leadership and successes in the development, implementation and evaluation of data-driven prevention policies, programs, and practices that are culturally and linguistically appropriate for Guam's residents. With relevant skills, tools, and opportunities, Guam's community collaborators will effectively reduce the incidence and prevalence of alcohol, tobacco and other drug related problems, prevent suicides and attempts, and promote and sustain overall health and wellness.

I. Mission/Philosophy

PEACE's vision is an island community empowered and committed to making informed decisions and choices towards a healthier (mental, physical, spiritual) future for themselves and others on Guam.

PEACE's mission is to establish and implement culturally appropriate and sustainable prevention and early intervention policies, programs, and practices that are responsive to the needs of the people of Guam and that are proven to effect positive behavioral health changes.

II. Goals/Objectives

Goals:

- **Health and Wellness:** *There will be quality choices for health and wellness care that are affordable and accessible.*
- **Safety:** *There will be personal and public safety and involvement, island wide.*
- **Culture and Spirituality:** *There will be a higher level of awareness, sensitivity and acceptance of the various cultures on Guam and the spirituality that is our foundation.*
- **Infrastructure and Leadership:** *Our leadership will be engaged providing needed laws or policies to support our vision. We will have strong partnerships and collaboration and a vibrant and prosperous economy.*
- **Education and Empowerment:** *Education will empower our people. Our people will enjoy healthy lifestyles and healthy relationships because of their education and*

understanding of their place and importance to this community.

- Environmental Stewardship: *Guam will be a sustainable environment and our community will embrace our role as stewards to protect and cherish this beautiful island.*

Objectives:

- Improvement of data infrastructure systems for data monitoring, collection, analysis, and reporting;
- Development of Guam's capacity to address behavioral health needs and enhancing behavioral health workforce initiatives;
- Prevention of substance (alcohol, tobacco, and other illicit drugs) use as well as suicides and suicide attempts and the promotion of positive mental health;
- Implementation, evaluation, and sustaining of evidence-based programs, policies, and practices that are culturally and linguistically appropriate.

III. Location

- Physical Address:
J & G Commercial & Professional Center
Chalan Santo Papa St.
Suite 201 & 204F
Hagatna, GU 96932
- Mailing Address:
790 Governor Carlos G. Camacho Road
Tamuning, Guam 96913

IV. Days/Hours of Operation

- Monday through Friday from 8:00 am to 5:00 pm, excluding Government of Guam Holidays

V. Accessibility

- Office setting with meeting rooms and group rooms
- Most services are pre-scheduled and interested individuals can attend based on their interests. A Prevention and Training Branch Request for Services form is available for download at www.peaceguam.org.
- Contact number: 477-9079 through 9083

VI. Services Provided

The Prevention and Training Branch (also known as the PEACE Office) staff provides technical assistance, training, and resources to community-based organizations, program managers, policy makers and community coalitions (village, faith, and school-based) in the public and private sectors, in an effort to strengthen their leadership and successes in

the development, implementation and evaluation of data-driven prevention policies, programs, and practices that are culturally and linguistically appropriate for Guam's residents.

Services also include:

- Education and training on the prevention of substance use (alcohol, tobacco, and other illicit drugs)
- Education and training on suicide prevention and early intervention
- Training on anger management and stress management
- Youth Leadership Development Program
- Community outreach and educational services in the general public

VII. Service Population

- Prevention and Training Branch services individuals across the lifespan, with special focus given to youth and young adults.

VIII. Payer Sources

- Government of Guam
- Federal Grants

IX. Fees

- All services are free of charge

X. Referral Sources

- Self, guardian, family, friend, schools, community agencies and non-profit organizations, internal, private providers, judicial and social service systems

XI. Staffing/Program Capacity

- **Program Capacity:**
Training programs and services are scheduled on a monthly basis. Special conferences and gatherings are also conducted throughout the year. Attendance to events is on a first come first served basis depending on the training capacity. Trainings schedules can also be accommodated upon request, depending on the availability of trainers and the curriculum to be trained.
- **Staffing Ratio:**
The number of Prevention and Training Branch staff facilitating the trainings is dependent upon the number of participants in attendance. Most trainings are conducted with two trainers/facilitators.

- **Staffing Qualifications:**

Staff undergo continuous capacity building trainings. Each facilitator assigned to the training is a certified trainer of that respective training. Staff also work towards the attainment of Certified Prevention Specialist.

XII. Needs Assessment

Each year Guam's State Epidemiological Outcomes Workgroup (SEOW) managed by the Prevention and Training Branch produces an Epidemiological Profile that documents and describes the substance abuse and consequence as well as suicide trends for the island. The profile indicates current trends in substance use and suicide as well as populations of high risk. The Prevention and Training Branch utilizes this Profile to make data informed and data driven programmatic decisions.

XIII. Caseload Characteristics/Need That the Program Is Addressing (including special populations)

The population targeted mostly targeted for prevention services are youth and young adults. Based on epidemiological data, special populations also addressed are the LGBT as well as those of Micronesian Islander descent. The Prevention and Training Branch ensures the delivery of appropriate prevention services to these special populations by collaborating and networking with community non-profit organizations and services providers who actively serve these populations.

Staff also work with agencies and organizations (public and/or private) to build workforce capacity in the behavioral health field, especially in regards to substance abuse and suicide prevention.

XIV. Demand for this Service

Due to the continued high rates of substance abuse on Guam, as documented in the Epidemiological Profile, the demand for prevention services has been consistently high. Demand for suicide prevention services have been on the rise these past couple of years due to the increasing suicide rate on the island.

XV. Geographic/Cultural Needs and/or Barriers

Prevention services are provided for the island of Guam as a whole. The Prevention and Training Branch is proactive in ensuring that prevention services are culturally and linguistically appropriate services. Prevention and Training Branch staff are members of the workgroup, Culturally and Linguistically Appropriate Service Partners, to ensure that the organization is up to date with CLAS standards.

XVI. Service Philosophy Chosen/Description of Services:

The Prevention and Training Branch adheres to the Strategic Prevention Framework

Process when developing, planning, implementing, and evaluating prevention programs and activities. The Strategic Prevention Framework consists of needs assessment, capacity building, planning, implementation, and evaluation. Services include training, technical assistance, and provision of educational resources and materials.

XVII. Treatment Modalities/Disciplines

Not Applicable

XVIII. Referrals/Discharge/Followup

Referrals made by the Prevention and Training Branch are to behavioral health treatment service providers, social services providers, educational providers, criminal justice and law enforcement entities, as well as community non-profit organizations.

XIX. Evaluation/Outcomes:

The Prevention and Training Branch utilizes process and outcome measures in its evaluation to maintain and sustain program improvement efforts.

Indicators collected include:

- **Efficiency/Utilization**
 - The workshop was well organized.
 - The presenter(s) were knowledgeable about the subject matter.
 - The presenter(s) were well prepared for the workshop.
 - The presenter(s) were receptive to participant comments and questions.

- **Effectiveness**
 - The workshop enhanced my skills in this topic area.
 - The workshop was relevant to my life and/or career.
 - I expect to use the information gained from this workshop.

- **Satisfaction**
 - How satisfied are you with the quality of the information conveyed?

