



MULTIDISCIPLINARY TREATMENT TEAM (MDTT) PROTOCOL

GUIDING PRINCIPLE

We are committed to a culture of recovery throughout our systems of care, in our interactions with one another, and with those persons and families who trust us with their care.

POLICY STATEMENT

Multidisciplinary treatment teams (MDTT) work together to provide adequate routine and emergency psychiatric mental health services and adequate psychological and behavioral services to consumers who are in need of such services. Additionally, the MDTT works to provide consumers with a safe environment that meets the needs of the consumer and ensures the greatest amount of freedom and opportunity with the least amount of risk.

DEFINITIONS

- **Multidisciplinary Treatment Team (MDTT):** A team made up of the disciplines involved in the consumer's treatment. The composition of the MDTT may vary throughout the consumer's treatment based on the consumer's individualized needs.

STANDARDS OF CARE

- Treatment team members collaborate to address the specific needs of consumers by using evidence-based and/or optimally effective best practices.
- When a consumer's needs are addressed at a minimum level of care, an MDTT is not required.
 - Should a consumer's needs not be addressed with a minimal level of care and should a consumer need two (2) or more services, an MDTT shall be formed.

PROTOCOL

Creation of MDTT based on Intake:

- Should the outcome of the clinical intake assessment determine the need for an MDTT, the internal referral process will be initiated.

Creation of MDTT Throughout Treatment:

- An MDTT may be assigned in the course of a consumer's treatment if it is determined that additional services are required. Thus, the composition of the MDTT may vary based on changes in the consumer's treatment needs.

Composition:

- The MDTT will consist of the consumer's predominant service providers.

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- An MDTT may include a psychiatrist, psychologist, Registered Nurse (RN), social worker, and/or psychiatric social worker.
 - Should the use of behavior modifying medication not be adequate to meet the needs of the consumer, then a psychiatrist, psychologist, RN, and other services providers will collaborate as part of the MDTT.
 - If the consumer has a primary care physician, the consumer and/or MDTT may request he/she be a part of the MDTT, as appropriate.
- The consumer may request anyone in the community to be a member of his/her MDTT (i.e., family members, advocates, community service providers, etc.)
- The MDTT may request the consent of the consumer/legal guardian to include additional service providers (i.e., therapist, vocational rehabilitation counselor, etc.), as necessary.

Creation and Composition of MDTT for Consumers on the Inpatient Unit:

- A social worker, psychiatrist, psychologist, and psychiatric social worker shall be pre-assigned to the Inpatient Unit.
- Within seventy-two (72) hours of admission, the Inpatient MDTT shall convene.
 - The lead provider will be the Inpatient Unit social worker who will be responsible for monitoring the progress of the consumer's Inpatient MMTP until a transition is made to an outpatient MDTT.

MDTT Responsibilities:

- The MDTT is responsible for:
 - Conducting an MDTT evaluation for the consumer to determine the specific area(s) of need which will inform the development of the Multidisciplinary Master Treatment Plan (MMTP) and/or the Individualized Transition Profile (ITP);
 - Informing the consumer's family/legal guardian of their recommendations;
 - Using their professional judgment when making recommendations for treatment and services and not being influenced by the availability of services;
 - Prioritizing the individual needs of consumers with emergent and urgent needs to ensure services/interventions are adequate to help prevent a crisis situation and/or decomposition.
 - Consulting as often as necessary to modify and update the MMTP and to evaluate the consumer's progress toward his/her goals.

Psychiatrist Responsibilities:

- A psychiatrist will be a part of the MDTT for any consumer whose individualized service includes the use of behavior modifying medication or for whom such has been recommended. Additionally the psychiatrist will:

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- Consult with and evaluate the consumer on a regular basis, or more often as indicated by the consumer's individual needs and document the results and conclusions;
- Recommend any changes in the medication regimen;
- Consult with the consumer's psychologist to determine whether the consumer's existing treatment goals and objectives are reflective of the consumer's needs;
- Determine if different interventions can be developed to address the consumer's target behaviors/symptoms, which could reduce or eliminate the need for psychotropic medications;
- Consult with the MDTT to determine whether the harmful effects of the consumer's mental illness or developmental disability outweigh the possible harmful side-effects of the psychotropic medication(s);
- Determine whether all reasonable alternative treatment strategies are likely to be less effective or potentially more dangerous than the medication(s); and
- Help develop, review, and update the consumer's MMTP.

Lead Provider Responsibilities:

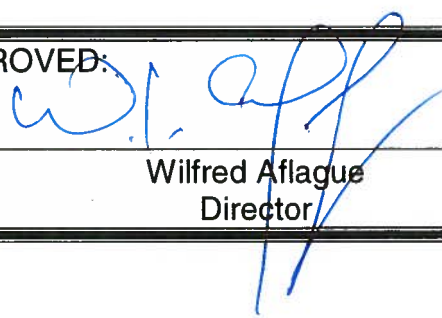

- The lead provider is the consumer's predominant service provider.
- The consumer's lead provider will be point-of-contact for all other service providers involved in the care of the consumer and shall be responsible for conveying the necessary information to the other MDTT members.
- The lead provider is responsible for coordinating treatment and receiving calls/emails/other correspondences regarding the consumer in emergency situations (i.e., if the consumer is being admitted to an Inpatient Unit, the staff shall contact the lead provider).

REFERENCES

- Amended Permanent Injunction Filed June 30, 2005
- Internal Referral For Service Protocol

FORMS

- MDTT Evaluation

APPROVED:		Date: 
	_____ Wilfred Aflague Director	_____