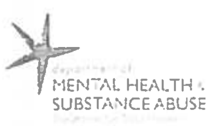

I FAMAGU'ON-TA/CHILD ADOLESCENT SERVICES DIVISION
DISCHARGE SERVICES PROTOCOL

GUIDING PRINCIPLE

Discharge Services are immediate, preventive, and supportive mental health and related services that are made available to the child, youth and family upon discharge from a restrictive placement and up to six (6) months to ensure that the child, youth and family are doing well and are not at risk for readmission.

OVERVIEW

This policy applies to all restrictive placements within DMHSA where children and youth with acute and severe mental health needs have been discharged from and to ensure that the needed supportive mental health and related services are accessible and timely for their continued success.

PROTOCOL

- Prior to discharge a Wrap Team meeting must take place to review the transition plan to home. The Transition Plan (Wrap Plan) must address the following needs (Life Domain): Safety Plan, Behavior Management Plan, Education Plan, Medication Management, Counseling Services and other needs of the client. The plan must include what is to be done, the individuals responsible for having it done, how it is to be achieved, the time line, and other pertinent information. Transition and Discharge Plans are individualized and based on the needs and supports of the client(s). Discharge/transition may change and is not limited to the following: home with family, into independent living, or into an adult group home.
- Upon discharge from the Child Inpatient Unit (CIU), Therapeutic Group Home (TGH), or Rays of Hope (ROH), the Social Worker/Wrap Coordinator must establish contact with the family within 24 hours to follow up on how the child is doing and his/her adjustment back with the family.
- Within fourteen (14) days and no later than thirty (30) days after discharge, the Wrap Team must reconvene to assess how the Transition Plan/Wrap Plan is working out, how the child/youth and family are getting along and identify any stressors that may become problematic, and update or develop new Wrap Plans to address the identified needs and strengths of the youth and family.
- The PARTNERSHIP between FAMILY and SERVICE PROVIDERS (Social Worker/Wrap Coordinator, etc) is essential to the continuation and success of the wraparound process and service provision.
- Discharge services are critical in ensuring that safety nets for the child are in place and that the family continues to build on their successes, and that the possibility of regression and return to a least restrictive placement is reduced or eliminated.

I FAMAGU'ON-TA/CHILD ADOLESCENT SERVICES DIVISION DISCHARGE SERVICES PROTOCOL

- Discharge Services when wraparound goals are completed, the child/youth is recognized and acknowledged for his/her successes and be graduated from the Wraparound Coordination. Wrap around Graduation means the child/youth no longer needs the services of the Wrap Coordinator, and he/she and family have been empowered to continue their self-advocacy.
- The youth and family are strongly encouraged to remain active with I Famagu'on-ta /CASD in its functions and activities and also be active participants of any support group as well as participation in the I Famagu'on-ta/CASD Youth group. I Famagu'on-ta/CASD Alumni group or the Youth Enhancement Supports Group, a non-profit organization to support the transition of youth to adulthood and independence.

APPROVED: [signature]	Date: 8/14/17
Wilfred Aflague Director	